

AFFIRMATION

I only need to control my mind. The Universe will take care of everything else.

AFFIRMATION

I am worthy of a magical existence

AFFIRMATION

I am in the right place, at the right time,
doing the right thing.

AFFIRMATION

I give up freely what is no longer serving me.
I release it to create space for what inspires
me.

AFFIRMATION

I aspire to be a giver. A giver of love, a giver of good vibes and a giver of strength.

AFFIRMATION

My life is full of miracles and cosmic energy.

AFFIRMATION

I give myself the love I seek from others.

AFFIRMATION

I am in perfect balance. I am physically and emotionally connected and healed. I am free of worry and I am at peace with who I am. Every day I grow stronger and more relaxed. I love myself and life.

AFFIRMATION

I trust that everything in my life is working out for my highest good and I am receiving all that I am meant to have.

AFFIRMATION

Prosperity flows to me at all times, in all ways. All is well in my life. I organise my priorities with clarity. I focus on what is truly essential. I feel the joy of abundance.

AFFIRMATION

I wake up energised and excited. I feel healthy and strong. I make positive healthy choices. I feel energetic and full of life. I am happy with my life.

AFFIRMATION

I am in complete control of my reactions. I have the power to change myself and my thoughts.

AFFIRMATION

Today I welcome infinite possibilities with open arms, I accept the support of the universe. I know that creative abundance is available to me now. I expect miracles.

AFFIRMATION

Today I choose love. Everything I see is either an act of love or a call for love.

Through love, I claim my happiness and peace within. Love is my ultimate intention, and so I choose to live in a loving world.

AFFIRMATION

I am open to receiving.

AFFIRMATION

I am grounded. My spirit is grounded deep in the earth. I am calm, strong, centered and peaceful. I am able to let go of fear and trust that I am eternally safe. I am worthy of all things beautiful.

AFFIRMATION

I choose to be happy.

AFFIRMATION

I believe something wonderful is going to
happen to me today.

AFFIRMATION

I am deeply loved, divinely appointed,
abundantly equipped, and profoundly
cherished by God.

AFFIRMATION

I am confident and courageous. I possess the strength and ability to accomplish all my goals and dreams.

AFFIRMATION

I am strong in mind, body and spirit

AFFIRMATION

Amazing opportunities exist for me in every aspect of my life. I am positive and optimistic. I believe things will always work out for the best.

AFFIRMATION

I am a powerful creator. I create the life I want. Like an artist with a canvas.

AFFIRMATION

My ability to conquer my challenges is limitless; my potential to succeed is infinite.

AFFIRMATION

I truly and deeply love and accept myself

AFFIRMATION

I am healthy and filled with energy.

AFFIRMATION

I love you, {insert your name}.

AFFIRMATION

Today is fun and filled with adventure.

AFFIRMATION

My path is the right path for me.

AFFIRMATION

I surrender to the ocean, to the moon, to the stars, to the sun, to the earth. Bestowed by beauty all around me; I am humble. I respect life and promise to honour its gift. I will nourish my body and too my soul with the nutrients of love. I am present.